

11th April 2011

Dear Parents and Karateka

NEWS LETTER - SECOND TERM 2011

I would like to welcome all our karateka back from their respective holidays and trust that you are well rested and ready to train hard again. I would like to take this opportunity to bring a few important issues and dates to your attention.

1. **IMPORTANT DATES - DIARY**

| | | | |
|-----------------------|-----------------------------|------------------|-------------------------------------|
| 13 – 15 May 2011 | INTERNATIONAL CAMP | | Okkie Jooste Campsite, STELLENBOSCH |
| 21 & 28 May 2011 | Grading-Pre Primary Schools | Letter to follow | Welgemoed Dojo |
| 28 May – 18 June 2011 | Grading Scholars & Adults | Letter to follow | Welgemoed Dojo |

NEW TERM HAS STARTED AND I WOULD LIKE TO REMIND ALL PARENTS THAT FEES ARE PAYABLE IN ADVANCE.

During the last term the administrative staff and instructors spent hundreds of hours trying to recoup fees that are in arrears. This time could have been spent in improving the standard of the classes and teaching. Please pay the fees in advance as any other sport club or gymnasium requires.

NO GRADING WILL BE ALLOWED UNLESS THE OUTSTANDING FEES ARE PAID.

2. **MIX MARTIAL ART CLASSES**

The Mix Martial art classes at the Welgemoed Dojo have taken off well. Classes are presented by an expert in Brazilian Jiu Jitsu, Graham Turner. I personally have attended a few of the classes and found it interesting, enjoyable and very safe. High school scholars and adults (ladies and men) are welcome to come and try a free class. The classes are on Tuesdays and Thursdays from 18h00 to 19h30.

3. **INSTRUCTORS COURSE**

The dates for this term are Friday 15th April 2011, Friday 20th May and 3rd June 2011. Please record these dates and I hope that everybody will be able to attend.

4. **MARTIAL WAY CORPORATE TEAM BUILDING AND MOTIVATIONAL WORKSHOPS**

These workshops have started and the feedback is very positive. These workshops will empower your team on how to embrace challenges and believe in themselves. You have a choice of self defence training, weapon training and kata training. Any interested company please contact Hennie at the office.

5. **WEAPONS GRADING:**

A weapons grading took place on Saturday 26th March 2011. The results are as follow

| | | | |
|---------------------------|----------------------|--------------------|----------------------|
| Danielle van Leeuwen (WJ) | Sub-level 1 (Brown) | Henk de Bruin (WJ) | Sub-level 1 (Brown) |
| Alexander Maritz (GL) | Sub-level 3 (Yellow) | Matthew Smith (GL) | Sub-level 3 (Yellow) |
| Elizna van Deventer (PH) | Sub-level 4 (Blue) | | |

Congratulations to the abovementioned karateka for their achievement!! Students from 10 years who are interested to join are welcome to contact Sempai Axel van Leeuwen – 072 6362303.

6. **INTERNATIONAL CAMP : 13 – 15th MAY 2011 - OKKIE JOOSTE CAMP SITE, STELLENBOSCH & SEPTEMBER CAMP**

Our annual International camp always proved to be very interesting and enjoyable. During the International camp we will learn new and interesting techniques from our Japanese Instructors, while we will use the September camp to prepare the karateka for their grading. All karateka 7 years and older are welcome to attend. Karateka of 6 years old (Grade 1) can attend the camp on Saturday only from 8h30 till 17h00 – R150.00.

2 Japanese instructors, Ishizawa Shihan and Hashizaki Sensei will be teaching.

These camps are compulsory for karateka who want to grade in December 2011 for their brown and black belts

7. **GRADING**

Our middle of the year grading will start on Saturday 21st May 2011 for the pre-scholars at **WELGEMOED DOJO**. **Grading letters will follow shortly.** I want to remind the Green, Brown and Black belts to attend the Wednesday 18h00 class till 19h30 and the Saturday class from 10h30 to 12h00 at Welgemoed Dojo where we will concentrate on preparation for this grading as well as the December grading. **Please remember that green, brown and black belts must train a minimum of 3hours per week to qualify to grade.**

I hope that all karateka's standard will improve a great deal this term. If you find that the school's winter sport program clashes with the karate times, please phone our office or look at our website for alternative training times at nearby dojo's. It is impossible to please everybody but I am sure that we can make a suitable plan. Your children will only experience the tremendous benefits of karate if they attend the classes on a regular basis.

Karate Greetings



**HENNIE BOSMAN – 7th DAN
CHAIRMAN, KYOKUSHIN-KAN AFRICA**