

Dear Parents and Karateka

16th August 2011

RE: KARATE CAMP FROM 14 – 16th OCTOBER 2011 - “KLIPRIVIER” - PIKETBERG

This year we want to do the camp a little differently. Our camp will be from Friday the 14th to Sunday the 16th of October 2011 on the Farm “Kliprivier”, PIKETBERG. This farm belongs to friends of mine Hennie and Mariana Hanekom. I held my first ever Gashuku on their farm in 1984. As we have a big facility we can also accommodate junior Karateka from 8 years old to attend this camp. We will leave by bus on Friday at 16h00 from the Karl Bremer Hospital's parking area and will meet you there again on Sunday at 18h00. We want to point out that this is earlier than normal as I do not want us to travel in the dark. We have contracted ELJOSHA bus services as they have new busses and we realize that the parents are very concerned about the safety of their children.

The Pre-grading will take place at the Campsite for Karateka grading for brown and black belts on Sunday from 13h00 – 15h00. At the camp we will prepare the Karateka for the grading. Karateka who do not attend this camp will not be allowed to grade for brown and black belts in December 2011. Please do your best as **NO EXCEPTIONS WILL BE MADE!!!**.

On the farm the boys will sleep in a hall normally used for functions like birthdays and weddings. The girls will sleep in the farm house and the men and older boys in the farmer's son's house. There are two small cottages normally used for visitors where the instructors will sleep. There is a big shed where we can train in case of bad weather. No boys will be allowed in the girl's sleeping quarters and vice versa. **NO CELLULAR PHONES** are allowed on the camp. *In case of emergency you can contact Shihan Hennie at 083 626 7878 or Abe Arendse at 082 9342 887.*

Karateka can bring along healthy snacks like dried fruit, nuts etc. Mariana is used to catering so the food will be very tasty. We will ensure that we will have a balanced diet, including fruit and fruit juices. The higher grades will train 6 hours a day and the lower grades 3 hours a day. Karateka are more than welcome to bring along their toys, like cricket sets, rugby balls, soccer balls, Frisbees, etc. There will be at least 6 adult instructors present at all times. On Saturday night, according to camp tradition we will have a concert in which everybody must take part. We will try to make the camp very enjoyable and expose the children to the different farm animals and do some hiking up the mountain.

WHAT KARATEKA MUST BRING WITH: Karate-gi, running shoes, tracksuit, towel, t-shirts, warm clothes for later in the evening, pyjamas, underwear, socks, sleeping bag and small mattress, pillow, toiletries and eating utensils (**KNIFE, FORK, SPOON, DISH CLOTH, COFFEE MUG AND A HOLLOW PLATE** to be used both for breakfast and other meals). It still happens frequently that Karateka come to camp without the above. Please mark all clothes and utensils. Cool drink and chips are sold at the Kiosk, but please do not bring more than R20.00 spending money

The cost of the camp is R450.00 for Green belt and lower and R480.00 (**for Karateka who are going to grade for Brown and Black belt**). Please complete and return the attached slip with the camp fee to your instructor at the dojo as soon as possible as there is only a limited amount of places available. It will be on a first come first serve basis. Post-dated cheques will be accepted. We prefer EFT as it is so easy. Please make the cheques payable to **KYOKUSHINKAN HOLDINGS**. Bank detail: **Kyokushinkan Holdings, Absa Cheque Account No. 4061885831. Branch Code 632005. Ref: Name /dojo where he/she trains and fax proof of payment to 021 9135192**

Karate Greetings

HENNIE BOSMAN – 7th DAN
CHAIRMAN : KYOKUSHIN-KAN AFRICA

NAME: _____ AGE & BELT _____

ADDRESS: _____ CODE _____

TEL (H) _____ CELL: _____

DOJO WHERE KARATEKA TRAIN: _____

- I, the undersigned hereby apply to attend the abovementioned camp;
- My child and I accept that he/she is to obey the rules of the camp as laid down by Shihan and the instructors. We accept that everything possible will be done to ensure the safety of all the Karateka. Kyokushinkan karate will not be held responsible for any claims against anybody for any bodily harm or injuries that may occur during the bus ride to and from the camp site and/or on the camp site.

SIGNATURE (Parent/Legal Guardian)

DATE

MEDICATION: _____

CAMP DATE : 14 – 16th OCTOBER 2011